

Campus Life Services Postdoctoral Scholar FAQ

2009 Edition

Making life better for UCSF Postdoctoral Scholars is a primary objective for Campus Life Services. The Campus Life Services Postdoctoral Scholars FAQ was developed through the collaborative efforts of the Postdoctoral Scholars Association and Campus Life Services. This document is designed to reach out directly to the Postdoc community regarding how Campus Life Services uniquely supports postdoctoral quality of life at UCSF. Various departments of Campus Life Services provided information and answers in this FAQ in response to a compilation of questions posed by the Postdoctoral Scholars Association. The Campus Life Services Postdoctoral Scholars FAQ will be updated regularly so please notify your Postdoctoral Scholar Association representative with any additional questions you would like answered.

CAMPUS LIFE SERVICES (<http://campuslifeservices.ucsf.edu>)

What is Campus Life Services?

Campus Life Services provides quality campus life programs and services to the UCSF community and, in so doing, supports the University's mission to advance health worldwide. The organization is currently comprised of nine distinct departments with approximately 900 employees and its mission is to Make Life Better Here in order to promote and enhance the quality of life for the UCSF community of Faculty, Staff, Postdocs, Residents, Students, Caregivers, and Visitors. The Campus Life Services departments are:

Arts & Events	415/476-2675
Conference Services	
Parnassus	415/476-2019
Mission Bay	415/514-1608
Childcare	
Parnassus	415/476-1616
Laurel Heights	415/775-2111
Mission Bay	415/255-7954
Distribution & Storage	
Storage	415/476-5908
Distribution	415/476-5907
Documents, Media & Mail (DMM)	
Documents & Media	415/514-2054
Mail	415/502-6245
Fitness & Recreation	
Parnassus	415/476-1115
Mission Bay	415/514-4545
Housing	
Parnassus	415/476-2231
Mission Bay	415/514-4550
Retail	
University Store (Parnassus)	415/476-1666
University Store (Mission Bay)	415/476-8262
University Express	415/502-2327
Tech Store	415/476-5062
Dining, Personal Services,	

Vendor Management	415/514-1395
Transportation	
Parnassus	415/476-2566
Mission Bay	415/476-1511

What programs and services does Campus Life Services offer?

Campus Life Services provides quality of life programs and services to the UCSF community, everything from fitness and recreation, childcare, storage, mail and shuttle service to retail, housing, parking, cultural events, meeting planning and printing services. The campus experiences Campus Life Services whenever a campus shuttle is boarded, a car is parked, a movie is shown on campus, mail is delivered, a child is nurtured or a slice of pizza is bought on the run.

Are Postdocs eligible for all these services?

Yes!

Does Campus Life Services plan anything specific for Postdocs?

Postdocs are eligible to participate in any program, service or activity offered by Campus Life Services. If a Postdoc specific event is desired, just ask! Direct contact information for all Campus Life Services departments is available on the Campus Life Services website at <http://campusliveservices.ucsf.edu>.

Is there a "Postdocs" tab on the Campus Life Services website so we know what is available to us?

There is not a "Postdocs" tab on the Campus Life Services website but Postdocs are eligible for any of the Campus Life Services programs and services listed. For current information on the variety of programs and services at each campus location visit the Campus Life Services website at <http://campusliveservices.ucsf.edu>.

Can small groups contact Campus Life Services for help with planning events and outings?

Yes! Within Campus Life Services, the units of Arts & Events, Conference Services and Fitness & Recreation are positioned to help Postdocs with anything from event location, production, design and decorations to assisting with outdoor adventure trips and teambuilding activities.

Does Campus Life Services have special programs for international Postdocs?

No, but Campus Life Services Arts & Events will gladly assist with social and cultural programming. Events such as these can be a great way to network with fellow international Postdocs.

Can Campus Life Services help international Postdocs integrate into this American university?

Postdocs have the opportunity to join culturally oriented Registered Campus Organizations through the Office of Student Life. Please contact Office of Student Life directly for further information at 415/476-4318 or at <http://office.studentlife@ucsf.edu>.

Does Campus Life Services provide Postdocs help with paperwork, visas, et cetera?

Campus Life Services is not positioned to assist with paperwork for international Postdocs. Please visit the International Students and Scholars Office website at <http://saa.ucsf.edu/siss/> or contact them directly for assistance at 415/476-1773.

Can Campus Life Services help postdocs with international travel?

Campus Life Services is not positioned to assist with international travel. Please visit the International Students and Scholars Office website at <http://saa.ucsf.edu/siss/> or contact them directly for assistance at 415/476-1773.

Does Campus Life Services offer free or inexpensive activities and services?

Campus Life Services offers a number of low or no cost activities throughout the year. Campus Life Services Arts & Events offers Postdocs discounted vouchers to a variety of entertainment venues

throughout the San Francisco Bay Area. Campus Life Services Fitness & Recreation offers Postdocs Center membership at a reduced rate as well as discounted rates for a variety of fitness and recreational activities even if they have not joined the Fitness & Recreation Centers. Campus Life Services Transportation provides Postdocs no cost shuttle service to and from all major campus locations.

Can Campus Life Services help subsidize Postdoc activities?

Campus Life Services does not subsidize activities for any campus group but can provide support in identifying resources to assist with planning, promotion, publicity and space reservation for Postdoc activities at no or low cost.

HOUSING

Do Postdocs get priority on the Campus Life Services Housing waitlist?

Postdocs are established as a priority group for campus housing services. They rank equal to Students as the top priority groups for housing. After Postdoc or Student status is established, applicants are treated equally and housing is assigned on a first-come, first-served basis. Options for Postdocs are provided at all campus housing locations: Mission Bay, Aldea San Miguel and the Avenue Houses. As of October 31, 2008, Postdocs represented 29.2% of the on-campus housing population. Our records indicate that Postdocs in Housing are increasing in number at higher rates than other populations and that the percentage of Postdocs housed on campus is larger than the percentage of Students living on campus.

ARTS & EVENTS

Are Arts & Events activities and events for Students also open to Postdocs?

Yes! Arts & Events serves the entire UCSF community.

Can Arts & Events help a group plan a social or cultural activity?

Yes!

How is this done?

Arts & Events has offices at both the Parnassus and Mission Bay campuses and can be contacted directly to provide resources or help plan social and cultural activities both on and off campus.

What is the best way to contact A&E?

Please contact the Arts & Events Hotline at 415/476-2675 for more information on programs, services and resources available.

FITNESS & RECREATION

Who coordinates outdoor fitness, trips or teambuilding activities?

Fitness & Recreation's Outdoor Programs provides the campus with a variety of outdoor fitness, adventure, trips and teambuilding activities.

Can Outdoor Programs help a group plan outdoor or teambuilding activities?

Yes!

How is this done?

Outdoor Programs has offices at both the Parnassus and Mission Bay campuses and can be contacted directly to provide resources or help plan outdoor fitness, adventure, trips and teambuilding activities both on and off campus.

What is the best way to contact Outdoor Programs?

Please contact Outdoor Programs at 415/476-2078 or the Fitness & Recreation website at http://campusliveservices.ucsf.edu/fitnessrecreation/outdoor_programs/ for more information on programs, services and resources available.

If Postdocs sponsor or plan an event through Outdoor Programs can the Outdoor Programs staff collect and process payment from participants?

Due to campus cash handling compliance policies, procedures and regulations, the Outdoor Programs staff is not positioned to collect or process payment from participants for a Postdoc sponsored or planned event; however, registration and payment for Outdoor Programs sponsored trips, programs and services can be made through the Service Desks at either Fitness & Recreation Center.

CHILDCARE

Are childcare services available to Postdocs?

Yes!

The Postdoctoral Scholar position is temporary. Most Postdocs find it difficult to get in to UCSF Childcare. Do Postdocs have any priority on the waiting list?

Yes! Currently, after Students, Postdocs and Residents both have priority over general UCSF Faculty and Staff.

As a training position, many Postdocs have low salaries and cannot afford to take advantage of the convenience of the on-site daycare. Is there a sliding scale such that Postdocs have a less expensive rate?

At this time, there is no sliding scale or discounted fee for any campus group; however, the feasibility of tiered tuition is being explored.

Do you provide a referral service for childcare in the East Bay?

No, but please call Bananas, the Alameda County Resource and Referral Agency, located at 5232 Claremont Ave, Oakland, CA 94618 at 510/ 658-0381. Also, a group of Postdocs have formed MaD (Mommy and Daddy) Scientists. The group has developed a referral list as well as a Yahoo group that Postdocs can join. For more information, go to http://groups.yahoo.com/group/mommy_and_daddy_scientists_at_ucsf/.

Do you provide support for the lactation rooms on the Parnassus campus?

Yes! UCSF Childcare Services provides indirect facility support for the lactation rooms at most campus locations. For specific room locations please contact the Women's Health Resource Center at http://www.whrc.ucsf.edu/whrc/lactation_stations.html.

Who should Postdocs contact with questions about the rooms or the need for additional space?

The Chancellor's Advisory Committee on Childcare is an active participant with Campus Planning in the development of lactation spaces in all UCSF buildings as well as supporting UCSF Childcare Services in the upkeep of existing lactation rooms. Programs for lactating women are available through the Women's Health Resource Center (WHRC). Postdocs can view the services offered by the Women's Health Resource Center at their website at <http://www.whrc.ucsf.edu/whrc/> or by calling them at 353-2668.